#### THE OPEN UNIVERSITY OF SRI LANKA

### FACULTY OF EDUCATION

## DEGREE OF MASTER OF EDUCATION

FINAL EXAMINATION - 2018/2019

# ESP2319/STP9619 – GUIDANCE AND COUNSELLING IN EDUCATION

### **DURATION - THREE (03) HOURS**

Date: 24.03.2019 Time: 9.30 a.m. – 12.30 p.m.

### Answer any three (03) questions

- 01. i. Describe the similarities and differences between the two concept of 'Guidance' and 'Counselling'. (09 marks)
  - ii. Expalin three (03) professional responsibilities that should be fulfill by a counsellor.

iii. "The service of Guidance and Counselling is more needed for the individuals who live in the present social context than the individuals who lived earlier".

Justify this statement with **three (03)** examples.

(12 marks)

(12 marks)

02. i. Explain **three (03)** individual and group counselling skills that are essential for an effective career counselling.

(09 marks)

ii. Explain what you meant by the process of vocational development.

(08 marks)

iii. Describe **four (04)** actions that may followed by a counsellor to help the clients to clarify their career goals.

(16 marks)

03. i. Explain the importance of techniques of counselling to a counsellor.

(06 marks)

- ii. Most of the techniques are based on theories.
  - a. Select any counselling theory and explain it's basic principles.

(10 marks)

b. Describe the instances that the selected counselling theory can be applied in counselling.

(07 marks)

c. Expalin two (02) limitations of the selected theory.

(10 marks)

04. i. Describe four (04) characteristics of counsellor.

(08 marks)

ii. Explain four (04) incidents within the school environment with examples in which students are lead to stress conditions.

(17 marks)

iii. Discuss four (04) measures that can be taken by the counsellor to minimize the above mentioned stress conditions.

(08 marks)

05. i. Explain the concept of 'Special Educational Needs'

(09 marks)

ii. Mention **four (04)** types of students that can be considered as students with Special Educational Needs.

(12 marks)

Select one type of students that you have mentioned above and explain four (04) strategies that can be followed by a school counsellor to help these students.

(12 marks)

06. i. Describe three (03) major service areas of Guidance and Counselling with examples.

(09 marks)

- ii. Expalin the role of a teacher in an University/Higher Educational Institute as a counsellor in fulfilling the following needs.
  - a) To imporove the internal efficiency of the system.

(08 marks)

- b) To reduce antisocial activities in universities/Higher Educational Instutute. (08 marks)
- c) To help to fulfill career and job prospects of learners.

(08 marks)

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- 06. (i) මාර්ගෝපදේශය සහ උපදේශනයේ සේවාවන් සැපයෙන පුධාන ක්ෂේතු තුනක් (03) උදාහරණ සමහ විස්තර කරන්න. (ලකුණු 09)
  - (ii) පහත සඳහන් අවශානා සපුරාලීමේ දී විශ්වවිදාහලයක/උසස් අධාාපන ආයතනයක සිටින ගුරුවරයෙකුගේ උපදේශකවරයෙකු ලෙස ඇති කාර්යභාරය පැහැදිලි කරන්න.
    - (අ) පද්ධතියේ අභාාන්තර කාර්යක්ෂමතාවය වැඩි දියුණු කිරීමට.(ලකුණු 08)
    - (ආ) විශ්වවිදාහලය/උසස් අධාහපන ආයතනය තුළ ඇති සමාජ විරෝධී කිුයා අවම කිරීමට (ලකුණු 08)
    - (ඇ) ඉගෙනුම ලබන්නන්ගේ වෘත්තීමය සහ රැකියා අපේක්ෂාවන් සපුරාගැනීමට උපකාර කිරීමට.

(ලකුණු 08)

හිමිකම් ඇවිරිණි.