## The Open University of Sri Lanka Faculty of Natural Sciences Diploma in Food Science Programme



Department

: Chemistry

Name of the Examination

: Final Examination

Course Code and Title

: CYD3612 Introduction to food science and

constituents of food

Academic Year

: 2024/2025

Date

: 12/01/2025

Time

: 9.30 am - 12.30 pm

Duration

: 2 hours

Index number

:

## General Instructions

- 1. Read all instructions carefully before answering the questions.
- 2. This question paper consists of Four questions in six pages.
- 3. Answer All FOUR (04) questions. All questions carry equal marks.
- 4. Answer for each question should commence from a new page.
- 5. Draw fully labelled diagrams where necessary
- 6. Having any unauthorized documents/ mobile phones in your possession is a punishable offense
- 7. Use blue or black ink to answer the questions.
- 8. Circle the number of the questions you answered in the front cover of your answer script.
- 9. Clearly state your index number in your answer script.

| 1. | A) Nutrients can be classified into macronutrients and micronutrients.         |             |
|----|--|-------------|
|    | i) Define the terms macronutrients and micronutrients.                         |             |
|    | ii) Give two examples each for macronutrients and micronutrients.              |             |
|    | iii) Briefly explain the diseases resulting from                               |             |
|    | (a) overconsumption and  |             |
|    | (b) under-consumption of nutrients.  |             |
|    |  | (35 marks)  |
|    | B) Sensory analysis is an essential aspect of Food Technology.                 |             |
|    | i) What is meant by Sensory analysis?  |             |
|    | ii) What are the sensory qualities of food, and how do we detect them?         |             |
|    | iii) What is the importance of Quality assurance in food safety?               |             |
|    | iv) Name two good practices used in Quality assurance in food safety.          |             |
|    |  | (25 marks)  |
|    | C) Proteins are essential components of food.                                  |             |
|    | i) Name the monomer of proteins.   |             |
|    | ii) Draw the basic structure of the monomer of proteins.                       |             |
|    | iii) Draw the zwitterion of the structure you drew in part (C)(ii) above.      |             |
|    | iv) Explain why the melting points of the monomer of proteins are usually      | y greater   |
|    | than 200°C and are soluble in water.   |             |
|    | v) Give four uses of Proteins in the body.                                     |             |
|    |  | (40 marks)  |
| 2. | A) carbohydrates are essential components of food.                             |             |
|    | i) Classify the following sugars as monosaccharides, disaccharides, and polys  | accharides. |
|    | a) erythrose -   |             |
|    | b) maltose -   |             |
|    | c) cellulose -   | •           |
|    | d) lactose -   |             |
|    | e) starch -  |             |
|    | ii) Give the balanced chemical reaction to synthesize glucose from a natural p | henomenon.  |
|    |  | (30 marks)  |
|    |  |             |
|    |  |             |

B) Maltose is made out of  $\alpha$ -D-Glucose. The structure of  $\alpha$ -D-Glucose is given below.

- i) Name the sugar units labelled A and B depending on the number of carbon atoms in the ring.
- ii) Name the bond found between two sugar units in maltose.
- iii) Name the bonds labelled as C and D, stating  $\alpha$  or  $\beta$ .

(25 marks)

- C) A laboratory technician in a Food laboratory receives an unknown sugar sample. He would like to perform several tests to identify it.
  - i) Provide the tests, reagents, and inferences that the technician should use to identify the sample.
  - a) to test whether the sample is a carbohydrate
  - b) to test whether the sample is starch
  - c) to test whether the sample is a reducing sugar
  - ii) Dextrinization also converts starch to brown on dry heating. Briefly explain the reactions in Dextrinization.

(45 marks)

3. (A) The melting point of a few fatty acid molecules is given in the following table.

| Name of Fatty acid   | Melting point/0C |  |  |
|----------------------|------------------|--|--|
| Lauric acid (12:0)   | 44               |  |  |
| Myristic acid (14:0) | 54               |  |  |
| Palmitic acid (16:0) | 63               |  |  |
| Stearic acid (18:0)  | 70               |  |  |

| Oleic acid 18:1(n-9)    | 16 |
|-------------------------|----|
| Linoleic acid 18:2(n-6) | -5 |

- i) Briefly explain why there are differences in the melting points of the fatty acids given in the table above.
- ii) Arrange the fatty acid molecules in order of increasing solubility. Explain your answer.
- iii) What do you mean by essential fatty acids?
- iv) Name essential fatty acid/acids mentioned in the above table.
- v) Draw the structure of fatty acid, 18:1(n-9).

(45 marks)

- (B) i) What do you mean by interesterification?
- ii) Name four (4) properties of fats and oils use in food processing along with their applications.

(20 marks)

(C) The following shows the chemical structure of vitamin A

- i) What is the naturally occurring form of vitamin A in plant-based food materials?
- ii) Name four (4) different storage forms of vitamin A in our body.
- iii) Write down four (4) deficiency symptoms of vitamin A.
- iv) Briefly describe the properties of fat-soluble vitamins.

(35 marks)

- 04. (A) i) Define the term "Recommended dietary intake"?
  - ii) Briefly describe the difficulties that arise in fortification with iron.
  - iii) Name four functions of calcium in our body.

(25 marks)

- (B) i) Briefly explain the role of potassium salt as a permitted additive in the food industry.
  - ii) Name four (4) external factors that change the colour of pigments in food?

| iii) Chemical reactions lead to the produ | ction of desirable | colour changes | s during food |
|---|--------------------|----------------|---------------|
| processing. Explain the statement.        |                    |                |               |

(35 marks)

- (C) i) Name three (3) artificial sweeteners.
  - ii) Write down five (5) sensory properties used to evaluate food texture.
  - iii) Write down the five (5) advantages of using enzymes in the food industry.
  - iv) Briefly explain the effect of enzymes during the processing of tea to get brown colour tea leaves.

(40 marks)