## THE OPEN UNIVERSITY OF SRI LANKA FACULTY OF HEALTH SCIENCES

## DEPARTMENT OF PSYCHOLOGY & COUNTELLY 2022/2023 – SEMESTER I—FINAL EXAMINATION

BSC (HONS) IN PSYCHOLOGY

PLU4302: ABNORMAL PSYCHOLGOY- LEVEL 4

FINAL EXAMINATION PAPER

**DURATION: 03 HOURS** 

14 MAR 2023

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DATE: 14.03.2023

TIME: 9.30 a.m. - 12.30 p.m.

SECTION 2: STRUCTURED ESSAY QUESTIONS (60 MARKS)

Choose 04 out of the 06 questions given below and answer using the provided answer sheets.

- 2.1 Kamal has been diagnosed with Schizophrenia. His wife knows that you are a student of Psychology and she reached out to you to get some information regarding this disorder.
  - a) Explain what is Schizophrenia? (5 marks)
  - b) Explain the symptoms of Schizophrenia with examples. (5 marks)
  - c) Elaborate three (03) main biological causes of Schizophrenia? (5 marks)
- 2.2 According to Diagnostic and Statistical Manual of Mental Disorders (DSM 5 TR), Attention Deficit Hyperactivity Disorder (ADHD) is one of the most common conditions among children.
  - a) Identify the predominant types of symptoms presented in Attention Deficit Hyperactivity Disorders and explain them with examples. (8 marks)
  - b) In order to help a child with ADHD, explain a comprehensive management plan using minimum three (03) behavioural techniques. (7 marks)
- 2.3 Vineetha has described herself as being "trapped by her relationships" and she was crying during the discussion with the clinical psychologist. Later, the clinician confirmed that Vineetha was going through a major depressive disorder.
  - a) Describe the symptoms and diagnostic criteria for major depressive disorder (MDD) according to DSM -5TR classification. (5 marks)
  - b) Explain three (03) main etiological factors of major depressive disorder. (5 marks)
  - c) Explain the Beck's Cognitive Theory of depression. (5 marks)

- 2.4 Culture plays a significant role in mental health and mental well-being.
  - a) Define the Culture-bound Syndromes (CBS) and name four (04) of them. (5 marks)
  - b) Critically analyze the impact of culture in mental health, diagnosis, and mental health treatment. (10 marks)
- 2.5 Adolescence presents with many of the psychiatric illnesses that can be seen in adults with slight variations in the presentation of symptoms.
  - a) Explain four (04) main factors that cause challenges during adolescence with examples. (8 marks)
  - b) Describe four (04) common types of addictions and causes for addictions.(7 Marks)
- 2.6 Compare and contrast the classification systems of Diagnostic and Statistical Manual of Mental Disorders (DSM) and International Classification of Diseases (ICD) in identification of abnormal behaviour. (15 marks)

-----END OF QUESTION PAPER-----